

The Shining Light is a bimonthly newsletter produced by the Capital Region Seventh-day Adventist (SDA) Churches to let the community know about what we are doing to let the love and light of Jesus Christ shine in our lives. We want you to know that we are here to help serve the physical, emotional and spiritual needs of all in the Capital Region. We invite you to visit any of our area churches and to let us know how we can better help you! For more information/To submit articles and calendar events, please contact editor Rachel Josil at (518)229-4075 or e-mail shininglightsda@gmail.com

Congratulations Pastor Torres!

Pastor Steven Torres was officially ordained, together with his wife Deborah, for the worldwide gospel ministry on March 21, 2009 in the presence of the members of his two churches: Kinderhook Seventh-day Adventist Church and Livingston Seventh-day Adventist Church.

ALBANY CHURCHES WITNESS at the ALBANY RESCUE MISSION

The Capital City Rescue Mission, founded in 1949, is "dedicated to proclaiming the life-changing Gospel of Jesus Christ to the homeless and needy of the capital region. Providing for the whole person - body, mind and spirit- that they will return to society maturing in Christ as productive citizens (www.capitalcityrescuemission.com).” The Mission is the largest homeless shelter in Albany, New York

Since its inception, the Mission has expanded its services to provide discipleship/rehabilitation programs, counseling, education a free medical clinic, and soon they will offer transitional housing services.

The Capital City Seventh-day Adventist Church facilitates an evening worship service at the Mission every other month on the 4th Saturday. Recently, the Albany Seventh-day Adventist Central Church Plant also had the wonderful opportunity to minister at the mission. Together, church facilitators and Mission residents give testimonies about how God has brought them through difficult circumstances, sing songs, and pray. Some present special musical selections and there is always a Bible-based message of encouragement. After the worship service, church members help to serve dinner to the Mission residents. This provides an opportunity for everyone to really get to know each other. Several residents of the mission have been so touched, that they began attending and participating in regular church services.

For more information about the Capital City Rescue Mission, please visit their website at www.capitalcityrescuemission.com.

VEGETARIAN COOKING CLASS Warms Hearts & Bellies



The Seventh-day Adventist Church at Kinderhook organized a vegetarian cooking class on Sunday, April 26th. This free class, held on Main Street (Valatie) - was one of several events sponsored by the village of Valatie on Valatie Wellness Weekend. (With the purpose of promoting wellness in this town, a member of the association of local businesses had contacted the Seventh-day Adventist Church requesting that they hold a vegetarian cooking class.)

Church members, helped by members of the Livingston S.D.A. Church - planned the two hour class which included demonstrations on how to prepare a variety of vegetarian dishes spanning from breakfast cereals to vegetarian burgers and tofu cheesecake. Along with recipes, a short informative presentation offered tips on healthy living. Prizes included free subscriptions to Vibrant Life Magazine. Food sampling and delicious vegetarian egg rolls were made available following the demonstrations.

The class attracted more than 25 individuals from the community, one of whom was a reporter from the Register Star - a local newspaper. Comments included "This was wonderful. I got a great education!" and "I'm inspired".

With several requests for future classes, this is obviously filling a need in this community. It was a blessing for a involved to have been part of the outreach where they were able to mingle with those living in the community. This has opened doors that may have otherwise been difficult to open and it will make it easier to spread the gospel of Christ in the town of Kinderhook.



Submitted by Maud Celestin, Kinderhook SDA Church

Capital City Seventh-Day Adventist Church EDUCATION DAY Saturday, May 30, 2009

Special Guest Speakers:

Pastor, Dr. Stephen Lashley, Northeastern Conference of SDAs

Superintendent of Schools

F. Maxine Fantroy-Ford, Principal, Albany High School

For more information visit www.capitalcitysdac.org

EDIFICATION STATION

Words of Spiritual Encouragement !

BUILDING UP ONE ANOTHER

We then that are strong ought to bear the infirmities of the weak, and not to please ourselves. Rom. 15:1.

God does not want us to place ourselves upon the judgment seat and judge each other. . . . When we see errors in others, let us remember that we have faults graver, perhaps, in the sight of God than the fault we condemn in our brother. Instead of publishing his defects, ask God to bless him and to help him to overcome his error. Christ will approve of this spirit and action, and will open the way for you to speak a word of wisdom that will impart strength and help to him who is weak in the faith.

The work of building one another up in the most holy faith is a blessed work, but the work of tearing down is a work full of bitterness and sorrow. Christ identifies Himself with His suffering children, for He says, "Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me" (Matt. 25:40). . . . Every heart has its own sorrows and disappointments, and we should seek to lighten one another's burdens by manifesting the love of Jesus to those around us. If our conversation were upon heaven and heavenly things, evil speaking would soon cease to have any attraction for us. . . .

Instead of finding fault with others, let us be critical with ourselves. The question with each one of us should be, Is my heart right before God? Will this course of action glorify my Father which is in heaven? If you have cherished a wrong spirit, let it be banished from the soul. It is your duty to eradicate from your heart everything that is of a defiling nature. Every root of bitterness should be plucked up, lest others be contaminated by its baleful influence. Do not allow one poisonous plant to remain in the soil of your heart. Root it out this very hour, and plant in its stead the plant of love. Let Jesus be enshrined in the soul. Christ is our example. He went about doing good. He lived to bless others. Love beautified and ennobled all His actions, and we are commanded to follow in His steps.

Ellen White, From That I May Know Him - Page 187

The Shining Light Events Calendar

Every Friday	7pm Prayer & Bible Study @ Joy of Troy SDA Church, Albany SDA Central Church Plant, Kinderhook SDA Church (Visit their website for details)
Every Saturday	Joy of Troy SDA Church Children's Church
Every Wednesday	Capital City SDA Church "House of Prayer" Telephone Prayer Meeting Just Call 1-712-432-1620 and enter Pin Number:851 154# 5:30am-6am
April 30-May 3	Greater New York Conference of Seventh-day Adventists Women's Retreat
May 2	Capital City SDA Church Men's Emphasis Day
May 8-9	Kinderhook SDA Church 24 hour Prayer Vigil
May 15-May 17	Greater New York Conference of Seventh-day Adventists Men's Retreat
May 17	Capital City SDA Church G.E.M.S. Meeting (Generations, Edifying, & Mentoring Sisters of All Ages)
May 23	Capital City SDA Church Youth Program: Movie & Discussion "Father & Sons"
May 24	Capital City SDA Church Singles Ministry Picnic
May 30	Capital City SDA Church Education Emphasis Day Featuring Guest Speakers Pastor, Dr. Stephen Lashley, Northeastern Conference Superintendent of Schools & F. Maxine Fantroy-Ford, Principal of the Albany High School
May 31	Capital City SDA Church Walk-a-Thon
June 14	Capital City SDA Church Seasoned Saints Luncheon @ Trinity Institution
June 14	Capital City SDA Church Community Services Clothing Give-Away
June 19-21	Hud-Cap Youth Federation Rally Weekend Retreat hudcap.weebly.com
June 21	Capital City SDA Church G.E.M.S. Meeting
June 27, July 4	Northeastern Conference of Seventh-day Adventists Camp Meeting
June 27, July 4	Greater New York Conference of Seventh-day Adventists Camp Meeting
June 26-July 4	New York Conference of Seventh-day Adventists Camp Meeting
June 28	Northeastern Conference Pathfinder/Adventurer Field/Fun Day

BE IN THE LOOP! SUBMIT YOUR CHURCH ANNOUNCEMENTS TO SHININGLIGHTSDA@GMAIL.COM

Seventh-day Adventist Churches In New York's Capital Region:

ALBANY

Capital City SDA Church
2 South Lake Ave
(Corner of Western and South Lake)
Albany, NY 12203
(518) 465-7814
www.capitalcitysdac.org

Albany SDA Central Church Plant
Services Held at:
Emmaus United Methodist Church
715 Morris Street
Albany, NY 12208

AMSTERDAM

Amsterdam SDA Church
379 Division Street
Amsterdam, NY 12010
(518) 843-2577

Amsterdam Hispanic SDA Church
214 Guy Park Avenue
Amsterdam, NY 12010
(518) 843-4391

BUSKIRK

Buskirk SDA Church
2176 West Hoosick Road
Buskirk, NY 12090

COHOES

Greater Albany SDA Church
Albany Hispanic Adventist Group
298 St. Agnes Hwy
Cohoes, NY 12047
(518) 785-4445
www.albanysdachurch.org

KINDERHOOK

Kinderhook SDA Church
3429 US Route 9
Valatie, NY 12184
(518) 784-4400
www.kinderhooksgda.com

LANSINGBURGH/TROY

Joy of Troy Community SDA Church
600 3rd Avenue
Lansingburgh, NY 12182
(518) 273-6400
www.joyoftroy.org

SARATOGA SPRINGS

Saratoga SDA Church
339 Union Avenue
Saratoga Springs, NY 12866
(518) 587-6951
www.saratogasda.org

SCHENECTADY

Macedonia SDA Church
9 Swan Street
Schenectady, NY 12307
(518) 347-9441

Schenectady SDA Church
1413 Quackenbush Road
Schenectady, NY 12306
(518) 355-0959